



MEDICAL EDUCATION SPEAKERS NETWORK

Speakers for Physician, Nursing, Dental and Community Education Programs



SPEAKER UPDATE

January 2009

(714) 505-4777

MESN Phone List, Hours and Holidays
Monday-Friday
9:00 a.m. – 4:00 p.m.
(Pacific Standard Time)

Maria Anderson 714-505-4777 x10
Elizabeth Sharif 714-505-4777 x11
Anna McCormick 714-505-4777 x12
Luisa DeSantis 714-505-4777 x14

January

New Year's Day *Thurs., January 1*
(MESN Closed)

Dr. Martin Luther King, Jr. Day *Mon., January 19*

Chinese New Year *Mon., January 26*

February

Valentine's Day *Sat, February 14*

Presidents Day *Mon., February 16*
(MESN Closed)

Ash Wednesday *Wed., February 25*

March

St. Patrick's Day *Tues., March 17*



Happy New Year!

From all of us at Medical Education Speakers Network, we wish you a peaceful, healthy and prosperous New Year.

Alliance for Continuing Medical Education

34th Annual Conference

January 28 – 31, 2009

San Francisco Marriott
55 Fourth Street, San Francisco, CA

For more information:
http://www.acme-assn.org/annual_conference/annc.html

Anesthesiology, Pain, Palliative Care and End of Life Care

Eric Hsu, M.D.

*Associate Clinical Professor
Director of Education
UCLA Pain Fellowship Program
David Geffen School of Medicine at UCLA*

“Pain Management”

- Identify appropriate treatment for acute and chronic pain in the hospital setting
- Explore alternative agents and methods available, (other than opiates) for treatment of pain
- Analyze a typical setting where pain management is complicated
- Utilize the information learned relative to various components of cultural diversities/linguistics

Viki V. Kind, M.A.

*Bioethicist
Bioethics Education*

“Understanding the New POLST Law and How to Implement It in Your Practice

- Describe the new POLST law and what it requires of physicians
- Examine how POLST will benefit patients, especially those in nursing homes
- Discuss the differences between the advance directive, POLST form and pre-hospital DNR form
- Recognize the differences in advance care planning within different cultural populations

James J. Walter, Ph.D.

*Austin & Ann O'Malley Professor of Bioethics
Chair, The Bioethics Institute,
Loyola Marymount University*

“End-of-Life Decisions: Advanced Directives & the Forgoing/Withdrawing of Medical Treatment”

- Understand the reasons why decisions about the end of life are so difficult
- Review the history of advanced directives and California's new laws
- Appreciate issues of medical futility and California's Probate Code on futility
- Provide some helpful suggestions about end-of-life and the use of advanced directives in medical decision making

G. Jay Westbrook, M.S., R.N.

*Clinical Director – Compassionate Journey:
An End-of-Life Education and Consulting
Service
Nurse Week 2004/2005 Nurse of the Year
Nursing Excellence Award for Innovative
and Creative Care of Dying Patients and
Grieving Families
Visiting Faculty Scholar
Harvard Medical School*

“Complications and Negligence in Pain Management”

- Understand how the elder abuse states are used to punish poor pain management
- Assess and manage pain in patients
- Successfully address neuropathic pain

Assorted Topics to Consider

**Zuzana Bic, Dr.P.H., MUDr. and
Stephen Bizal, D.C.**

Wellness/Lifestyle Medicine Series

“Physician Wellness...Your #1 Priority, Doctor!”

- Provide healthy lifestyle guidelines and stress management techniques to help physicians optimize their personal health

“Clinical Guidelines for Reversing Heart Disease”

- Apply integrated medicine best practices to treat patients with heart disease

“Clinical Guidelines Reversing Diabetes”

- Apply integrated medicine best practices to treat patients with diabetes

“Clinical Guidelines for Healthy-Aging”

- Apply integrated medicine best practices to treat the “baby-boomer” and “senior” aging population

“Clinical Guidelines for Treating ADD/ADHD”

- Apply integrated medicine best practices to treat patients with ADD/ADHD

“Clinical Guidelines for Treating Childhood Obesity”

- Providing healthy parenting strategies and behavior modification techniques (healthy eating and physical activity guidelines) for obese children

“Selective Case Studies (Stress & Adrenal Insufficiency, Thyroid Insufficiency, Headaches, Metabolic Syndrome, Cancer, CFS, Arthritis)”

- Evidence-based Wellness/Lifestyle medicine case studies of common chronic conditions that either lowered or eliminated patient dependency on medications

“Nutritional Medicine Protocols for Treatment and Prevention of Lifestyle Diseases”

- Apply best practices in nutritional medicine (minerals, vitamins, herbs, antioxidants, enzyme therapy, probiotics, vegetarian and raw food diets, alkaline diets) for the treatment and prevention of chronic degenerative disease

William T. Choctaw, M.D., J.D.
*Chief of Staff
Citrus Valley Medical Center*

“Cultural Diversity and Linguistics”

- Define and recognize healthcare disparities
- Identify medical legal issues associated with culturally diverse patients
- Describe a process to implement culturally competent care

Cardiology

James Stuart Forrester, M.D., FACC
*Professor of Medicine
David Geffen School of Medicine at UCLA
George Burns and Gracie Allen
Professor of Cardiovascular Research
Cedars-Sinai Medical Center*

“Diabetes, Alzheimer’s and Coronary Artery Disease – Children of the Same Parent”

- Discuss the risk factors for coronary artery disease, i.e., high blood pressure, unhealthy cholesterol levels, diabetes, smoking, and genetics
- Review the pathophysiology of Diabetes including genetics and insulin abnormalities
- Discuss how genetic factors, notably the ApoE4 gene, may be responsible for late and early onset Alzheimer’s Disease
- Explain how these three diseases may be related to one another

Jason Ryan, M.D.
*Assistant Professor of Medicine
Division of Cardiology
University of Connecticut School of Medicine*

“Acute Coronary Syndrome”

- Recognition of acute coronary syndromes
- Management of acute coronary syndromes by AHA/ACC guidelines
- Quality of care among ACS patients

Gastroenterology

Doron D. Kahana, M.D., FAAP
*Assistant Professor of Pediatrics
Pediatrics, Gastroenterology & Nutrition
Harbor-UCLA Medical Center*

“Nutritional Therapy in Inflammatory Bowel Disease”

- Discuss the role of nutrition in the pathogenesis of IBD
- Explore specific nutrients that alleviate IBD severity
- Discuss enteral nutrition-induced remission and maintenance

Brennan M.R. Spiegel, M.D., MSHS, FACP
*Assistant Professor of Medicine
VA Greater Los Angeles Healthcare System
David Geffen School of Medicine at UCLA
UCLA School of Public Health
Director, UCLA/VA Center for Outcomes
Research and Education (CORE)*

“GI Bleeding”

- Review the "four question approach" to managing GI hemorrhage
- Review the pre-endoscopic steps necessary in the early management of GI hemorrhage
- Provide an evidence-based overview of PPI use in GI hemorrhage
- Discuss considerations for the post-endoscopic management and discharge of GI hemorrhage

Infectious Diseases

Chester Choi, M.D.
*Academic Chief of Medicine
St. Mary Medical Center*

“Common Cold: New Therapeutic Modalities”

- Become familiar with the etiologies and pathology of common cold syndrome
- Be able to recall the recommendations regarding treatment with vitamin C, Echinacea, zinc and interferon
- Understand the modes of transmission and prevention

Sadina Reynaldo, Ph.D.
*Deputy Director, Pandemic Influenza Unit
Emergency Preparedness and Response
Program, Los Angeles County Department of
Public Health*

“Updates Related to Seasonal Flu and Vaccination”

- Influenza Overview
- Improving Influenza Vaccination Rates
- Current Status

Neurology

Wilbert Mason, M.D., MPH
*Medical Director, Quality Systems
Management
Children's Hospital Los Angeles
Professor of Clinical Pediatrics
Division of Infectious Diseases
Keck School of Medicine of USC*

“Kawasaki Syndrome”

- Be familiar with the clinical manifestations of KD
- Understand how to use the AHA algorithm in making the diagnosis
- Be able to apply recognized therapies for KD
- Understand long term management of the condition

Naren B. Sodha, M.D.

*Assistant Professor of Neurology
University of Massachusetts*

“Multiple Sclerosis”

- Recognize symptoms and clinical signs of MS
- Understand the role of MRI scan and other tests to diagnose MS
- Understand the treatment of MS and management of symptoms

Nutrition

David A. Leaf, M.D.

*Professor of Medicine
Division of General Medicine
David Geffen School of Medicine at UCLA*

“Obesity, Nutrition, Cholesterol and Popular Diets: A Review for the PCP”

- Understand the role of obesity in contributing to disease
- Understand exogenous and endogenous influences of obesity
- Discuss different dietary approaches to promote weight loss

Obstetrics & Gynecology

Ronald E. Batt, M.D.

*Professor of Gynecology
Department of Gynecology-Obstetrics
School of Medicine and Biomedical Sciences
State University of New York at Buffalo*

“Endometriosis: Diagnosis, Treatment Options and Long-term Follow-up”

- Physicians will be aware of the clinical significance of the five benign müllerian diseases
- To present the diagnostic and treatment options of endometriosis
- To present the 3-year international research agenda for endometriosis from the 10th World Congress on Endometriosis, Melbourne, Australia, March 11-14, 2008

Pediatrics

Doron D. Kahana, M.D., FAAP

*Assistant Professor of Pediatrics
Department of Pediatrics, Gastroenterology & Nutrition
Harbor-UCLA Medical Center*

“Probiotics in Pediatrics”

- To introduce concepts in clinical application of probiotics as well as microbial augmentation therapy

Ismael N. Nuno, M.D., FACS, FACC, FAHA
Chief, Cardiac Surgery Services
LAC+USC Medical Center

“Obesity in the Latino Childhood Population”

- Define childhood obesity in the County of Los Angeles
- Identify the prevalence of obesity in the Latino population
- Summarize existing programs for control of childhood obesity in Los Angeles
- Appreciate implications of current childhood obesity and the future of the Latino population

Jeanne W. Ruderman, M.D., FAAP
Pediatric Medical Group, Inc.
Department of Neonatology
Tarzana Regional Medical Center

“Autism”

- Recognize the traits of Asperger’s Syndrome
- Explore which traits of Asperger’s Syndrome facilitate success in life
- Define which traits of Asperger’s Syndrome contribute to failure in life
- Understand how various types of cultural diversities are related to Asperger’s Syndrome

Psychiatry

Merrill Sparago, M.D.
Volunteer Clinical Faculty
David Geffen School of Medicine at UCLA

“SAD: Seasonal Affective Disorder”

- Diagnose a common but under-recognized disorder in order to better treat patients who are currently going untreated
- Understand the neuron-chemical changes that may be responsible for the symptoms of SAD, and how these aberrant systems may suggest useful treatment strategies
- Understand clinical uses of light treatment and how to recognize the various devices used to administer light treatment
- Identify when to use medications to treat SAD and understand the mechanism of action of medications used in the treatment of SAD to choose the right options for patients
- Recognize the benefits of integrating cognitive-behavioral therapy into a comprehensive SAD treatment regimen

Pulmonary & Critical Care Medicine

Israel (Rudi) Rubinstein, M.D.

*Professor of Medicine and
Biopharmaceutical Sciences
Colleges of Medicine and Pharmacy
University of Illinois at Chicago*

“Management of COPD in the Community”

- Review the public health burden of COPD
- Discuss the diagnosis and clinical course of COPD
- Outline contemporary management of COPD in the community

Om P. Sharma, M.D., FACP, FCCP

*Professor of Medicine
Keck School of Medicine of USC*

“Update on Asthma”

- Define the national guidelines for Asthma treatment

Rheumatology

Robin K. Dore, M.D.

*Clinical Professor of Medicine
Division of Rheumatology
David Geffen School of Medicine at UCLA*

“Recognizing, Evaluating and Treating Common Joint Conditions”

- Be able to differentiate inflammatory arthritis from osteoarthritis
- Be familiar with the basic evaluation of the patient with inflammatory arthritis
- Become familiar with the medications used to treat inflammatory arthritis and when to refer to a rheumatologist or orthopedist

Peng Thim Fan, M.D.

*Clinical Professor of Medicine
Division of Rheumatology
David Geffen School of Medicine at UCLA*

“Rheumatoid Arthritis”

- Assess patients for rheumatoid arthritis: clinical presentation, diagnostic evaluation and differential diagnosis
- Demonstrate an awareness of the classification and assessment of disease activity
- Integrate an appropriate management strategy
- Acquire an awareness of the systemic and non-articular manifestations of rheumatoid arthritis
- Identify cultural and racial differences in the presentation, diagnosis and management

Peter Gorevic, M.D.

*Professor of Medicine
Mount Sinai School of Medicine
Director, Division of Rheumatology
Henry and Lillian Stratton
Chair Molecular Medicine,
Mount Sinai Medical Center*

“Crystal Arthropathy: Gout and Pseudogout”

- Discuss changing epidemiology
- Discuss new concepts of pathogenesis
- Discuss treatment-refractory disease

Anita Narayanan, M.D.

*Rheumatology Fellow
University of Arizona School of Medicine*

“Osteoarthritis”

- Describe the signs and symptoms of osteoarthritis
- Diagnostic workup, including radiographic features
- Discuss risk factors
- Primary versus secondary osteoarthritis
- Management of osteoarthritis-pharmacologic versus non pharmacologic therapy

Surgery

Ian Gordon, M.D., Ph.D.

*Clinical Professor, Chief Vascular Surgery VA
Medical Center Long Beach
Director, UCI Medical Center Wound Clinic
UCI School of Medicine*

“Wound Care”

- Understand the major wound classification systems
- Be familiar with the four classes of chronic skin ulcers in terms of diagnosis, pathophysiology, and standard treatment
- Understand the role of local versus systemic factors in wound healing
- Understand the roles of debridement, topical antimicrobiologic compounds, growth factors, and other advanced methods in promoting healing of refractory wounds
- Understand the beneficial impact of negative pressure therapy on wound healing and its appropriate use

Ayad Jindeel, M.D.

*Assistant Professor of Surgery
David Geffen School of Medicine at UCLA
Section Head, Vascular Medicine
Harbor UCLA Medical Center*

“Anticoagulation”

- To discuss the most recent advances in anticoagulation and the latest national anticoagulation guidelines

Sammy Saab, M.D., MPH

Associate Clinical Professor of Medicine and Surgery

Division of Digestive Diseases

David Geffen School of Medicine at UCLA

“Complications of Cirrhosis/ Liver Cancer”

- Recognize signs of cirrhosis
- Review natural history of cirrhosis
- Understand prophylaxis and treatment modalities of liver complications

Urology

Anne Simoneau, M.D.

Associate Director of Urological Oncology

Associate Clinical Professor of Urology

UCI School of Medicine

“Prostate Cancer and Nutrition”

- Be informed of the relationship between nutrition and prostate cancer
- Be aware of the clinical trial information available investigating prostate cancer and nutrition
- Review the randomized clinical trial data on the treatment of prostate cancer