



MEDICAL EDUCATION SPEAKERS NETWORK

Speakers for Physician, Nursing, Dental and Community Education Programs



SPEAKER UPDATE

April 2009

(714) 505-4777

MESN Phone List, Hours and Holidays
Monday-Friday
9:00 a.m. – 4:00 p.m.
(Pacific Standard Time)

Maria Anderson 714-505-4777 x10
Elizabeth Sharif 714-505-4777 x11
Anna McCormick 714-505-4777 x12
Luisa DeSantis 714-505-4777 x14

April

Palm Sunday Sun., April 5
Passover Thurs., April 9
Good Friday Fri., April 10
(MESN Closed)
Easter Sun., April 12

May

Mother's Day Sun., May 10
Memorial Day Mon., May 25
(MESN Closed)

June

Father's Day Sun., June 21

July

Independence Day Sat., July 4

September

Labor Day Mon., September 7
(MESN Closed)
Rosh Hashanah Fri., September 18
Yom Kippur Sun., September 27

October

Columbus Day Mon., October 12
(MESN Closed)
Halloween Sat., October 31

November

Veterans Day Wed., November 11
Thanksgiving Day Thurs., November 26
(MESN Closed 11/26-29)

December

Chanukah Fri., December 11
(12/11 -12/19)
Christmas Day Fri., December 25
(MESN Closed
12/24-1/4)

Anesthesiology

Donald Stevens, M.D.

*Assistant Professor of Anesthesiology
University of Massachusetts*

“Pharmacological Therapies for the Treatment of Pain in the Community Setting”

- Discuss the classification of pain and mechanisms involved in pain transmission
- Compare and contrast the clinical effectiveness of agents utilized as both primary therapies as well as adjuncts in the management of pain
- Describe the role of the pharmacist in overcoming common barriers to effective pain management
- Given a patient case example, provide specific evidence based treatment recommendation as well as patient counseling that will improve patient care

Cardiology

Edo Kaluski, M.D.

*Associate Professor of Medicine
University of Medicine and Dentistry of New Jersey
Director of Cardiac Catheterization,
Laboratories and Invasive Cardiology
University Hospital UMDNJ*

“Atrial Fibrillation and Flutter: Contemporary Strategies”

- Delineate the pathophysiology, natural history and the epidemiology of atrial fibrillation
- Strategies of sinus rhythm restoration & preservation

- Current and future therapy for prevention of thromboembolism
- Rate control: what strategies and what rates?
- Clinical benefits of devices for detection and termination of AF

Chrisandra Shufelt, M.D., MS

*Assistant Director, Women's Heart Center
Staff Physician, General Internal Medicine
Women's Health Specialist
Cedars-Sinai Medical Center*

“Heart Disease in Women”

- Identify the risk factors of coronary heart disease, focusing on those unique to women
- Recognize gender differences in the presentation of chest pain and symptoms, and understand gender differences in the pathophysiology of the disease
- Implement evidence-based guidelines and helping female patients make lifestyle changes to avoid or manage heart disease
- Have an increased awareness of the importance of treating women according to the most recent clinical evidence

Emergency Medicine

William K. Mallon, M.D.

*Associate Professor of Clinical
Emergency Medicine
Keck School of Medicine of USC*

“Gangs”

- Learn about gangs, violence, tattoos, initiations, drive by shootings, drugs and girls in gangs

Endocrinology

Stefan Bughi, M.D.

*Assistant Professor of Endocrinology
Keck School of Medicine of USC*

“Complications of Diabetes”

- Discuss and review the macrovascular and microvascular complications of diabetes including nephropathy and neuropathy with regard to treatment strategies and new medications for neuropathy

John Tayek, M.D.

*Professor of Medicine
David Geffen School of Medicine at UCLA*

“New Guidelines in 2009 for the Treatment and Management of Osteoporosis”

- Recognize and appreciate the incidence and burden of osteoporosis
- Identify the risk factors for the development of osteoporosis
- Assess patients for their risk of developing osteoporosis

- Educate patients on prevention strategies
- Make therapeutic decisions based on the latest clinical trial findings

Ethics, Legal & Medical Management

Ben A. Rich, J.D., Ph.D.

*Professor and School of Medicine Alumni
Association Endowed Chair of Bioethics
Department of Anesthesiology and
Pain Medicine
Department of Internal Medicine
UC Davis School of Medicine*

“Ethical, Legal and Regulatory Issues in Pain Management”

- Describe federal and state laws and regulations concerning opioid prescribing
- Identify important ethics considerations in the management of pain
- Understand the essential features of current national clinical practice guidelines for pain management

James J. Walter, PhD

*Austin & Ann O'Malley Professor of Bioethics
Chair, The Bioethics Institute of Loyola
Marymount University
Clinical Bioethicist, Providence Little
Company of Mary Medical Center*

***Bioethics On-Call Consultation Service
Training***

1. "Bioethics On-Call Consultation: How to Set Up the Service in a Medical Center"
2. "Core Competencies for a Bioethics On-Call Service: Skills and Bodies of Knowledge"
3. "A Model for a Bioethics On-Call Consultation"
4. "Models of Moral Reflection & Deliberation"
5. "Beginning-of-Life Issues with a Focus on Reproduction"
6. "End-of-Life Issues with a Focus on Artificial Nutrition & Hydration"
7. "Forgoing & Withdrawing of Life-Sustaining Medical Treatments"
8. "Ethics at the End-of-Life with a Focus on Palliative Sedation"
9. "Medical Futility"
10. "The Use of Quality-of-Life Judgments in Clinical Decision-Making"

Objectives for training session:

- To train participants in a medical center to serve as members on a Bioethics On-Call Consultation Service
- To provide the participants with the necessary skills and bodies of knowledge to successfully participate on a Bioethics On-Call Consultation Service
- To build confidence among those participating on the service to perform their role well

- To develop a clinical model for conducting a Bioethics On-Call consult
- To introduce the participants to the relevant legal, cultural and diversity issues in performing a Bioethics On-Call consult
- To engage the participants in case study discussions to develop their skills of ethical analysis of complex clinical cases

Marcy L. Zwelling-Aamot, M.D., FACEP
President, LACMA

***"Economics of Healthcare Funding in
2009 in California"***

- Discuss HIPAA, COBRA and unemployment
- Discuss patients losing insurance and what to do

General, Internal & Family Medicine

Hugo Quinny Cheng, M.D.
*Associate Clinical Professor
Division of General Internal Medicine
Department of Medicine
UCSF School of Medicine*

***"Updates & Controversies in
Perioperative Medicine"***

- Understand the role and limitations of preoperative stress testing in identifying patients at increased risk for perioperative cardiac complications
- Identify patients who may benefit from coronary revascularization and beta-blocker therapy prior to noncardiac surgery, and understand

the potential risks of these interventions

- Weigh the risks and benefits of perioperative bridging anticoagulation in patients who require interruption of chronic anticoagulant therapy

must be included as part of transfusion product orders

- To convince the audience that blood products are safe and should be used if indicated
- To make the audience aware of transfusion reactions and their management

Geriatrics

Laurence Z. Rubenstein, M.D.

*Chief of Geriatrics, Greater Los Angeles VA Medical Center
Professor of Medicine
Division of Geriatric Medicine
David Geffen School of Medicine at UCLA*

“Preventing Falls in the Elderly”

- Perform fall risk assessments on elderly patients
- List causes for falls
- Apply strategies for fall prevention
- Understand how preventing falls improves patient care outcomes

Hematology

George D. Wilner, M.D.

*Director, Blood Bank and Hematology Laboratories
Consultant Pathologist, Clinical Laboratory Services
Professor of Pathology
Albany Medical Center Hospital Blood Bank*

“Transfusion Medicine”

- To make the audience aware of what blood products are available
- To familiarize the audience with blood product specifications which

Infectious Diseases

Vinod K. Dhawan, M.D., FACP, FRCP

*Professor of Clinical Medicine
David Geffen School of Medicine at UCLA
Professor of Medicine, Charles Drew University of Medicine and Science
Rancho Los Amigos National Rehabilitation Center, Division of Infectious Diseases
Harbor-UCLA Medical Center*

“C-Difficile”

- Understand the changing epidemiology of clostridium difficile
- Understand the pathogenesis of infections due to clostridium difficile
- Learn the infection control strategies for clostridium difficile
- Know the current management of infections due to clostridium difficile

Allan Lesse, M.D.

*Associate Professor of Pharmacology,
Toxicology and Medicine
VA Western New York Healthcare System
University at Buffalo*

“MRSA”

- Discuss the growing problem of drug resistance among strains of Staphylococcus Aureus in both the community and institutional settings
- Compare the clinical presentation of CA-MRSA with HA-MRSA
- Compare the currently available and investigational agents for the management of resistant staphylococcal strains with regards to efficacy, toxicity, drug interactions, and potential place in therapy
- Develop a pharmacological care plan for a patient infected with MRSA after case review with various characteristics and presenting complications

Loren G. Miller, M.D., M.P.H.

*Assistant Professor of Medicine
David Geffen School of Medicine at UCLA
Division of Infectious Diseases
Harbor-UCLA Medical Center*

“Urinary Tract Infections”

- Identify clinical signs and symptoms of urinary tract infections
- Select appropriate diagnostic tests
- List causes for catheter-induced urinary tract infections
- Provide preventive measures for catheter-related urinary tract infections
- Select appropriate treatments

George Sarka, M.D., MPH, FACP, FACR

*Associate Clinical Professor
David Geffen School of Medicine at UCLA
Governor of the ACP, Southern CA, Region 2
President of the LA Neurological Society
Former President of the LA County Medical Association, District 1
Diplomate in Internal Medicine,
Rheumatology, Neurology,
Geriatrics, Sports Medicine,
Headache Medicine, Emergency Medicine
and Occupational Medicine*

“Appropriate Use of Prophylactic Antibiotics”

- Choose the appropriate selection of prophylactic antibiotic for use
- Administer the proper dosage effectively
- List the various components of cultural diversities that relate to demographic diagnosis and treatment.

Neurology

William Cable, M.D.

*Professor of Neurology
UCI School of Medicine*

“Multiple Sclerosis”

- Discuss the newest treatment options and concepts for multiple sclerosis
- Describe the diagnostic criteria for multiple sclerosis
- Identify differences of multiple sclerosis treatment within various cultures

Claire Henschcliffe, M.D.
*Director, Parkinson's Center
Assistant Professor of Neurology
Weill Cornell Medical College*

“Restless Legs Syndrome”

- To gain familiarity with the clinical symptoms of Restless Legs Syndrome and understand how to diagnose this disorder
- To understand current concepts of etiopathogenesis of Restless Legs Syndrome relevant to therapeutic interventions
- To critically review clinical trials investigating therapeutic agents in Restless Legs Syndrome

Obstetrics & Gynecology

Karine Chung, M.D., M.S.C.E.
*Assistant Professor of Obstetrics and
Gynecology
Division of Reproductive Endocrinology and
Infertility
Keck School of Medicine of USC*

***“Advances in Fertility Preservation
Technology”***

- To learn about advances in assisted reproductive technologies for fertility preservation
- To learn about the challenges encountered historically with oocyte cryopreservation
- To gain detailed knowledge of the newest techniques that make oocyte cryopreservation a realistic option
- To learn about the current status of safety and clinical applicability of fertility preservation

Bruce S. Kahn, M.D., F.A.C.O.G.
*Division of Obstetrics & Gynecology,
Scripps Clinic & Research Institute
Assistant Clinical Professor
Department of Reproductive Medicine
UCSD School of Medicine*

“Chronic Pelvic Pain/ Interstitial Cystitis”

- Apply knowledge to patient care
- Increase identification of interstitial cystitis in patients
- Choose appropriate treatments
- Utilize referrals appropriately
- Utilize information learned relative to the various components of cultural/linguistics competency

Charles March, M.D.
*Clinical Professor, Division of Gynecology
Keck School of Medicine of USC*

“IVF”

- Understand the indications for IVF in the face of scientific breakthroughs which are advancing very rapidly
- Understand the basic principles and pathophysiology of IVF
- Understand the clinical applications of IVF
- Understand the ethical issues

Psychiatry

Rimal B. Bera, M.D.

*Professor of Psychiatry
UCI School of Medicine*

“Common Psychiatric Conditions Treated by Primary Care Physicians”

- Review diagnosis of mood and psychotic disorders
- Review treatment options for depression
- Review appropriate follow up

Pulmonary & Critical Care Medicine

Gerard W. Frank, M.D., Ph.D.

*Associate Clinical Professor of Medicine
UCLA-Santa Monica Medical Center
Division of Pulmonary and
Critical Care Medicine
David Geffen School of Medicine at UCLA*

“Advances in Treatment of COPD/ Asthma”

- Understand the presentation of COPD and Asthma and distinctions between the two diagnoses
- Understand the appropriate use of bronchodilators
- Appreciate the benefits and disadvantages of corticosteroids
- Know the ancillary, non-pharmacologic aspects of treating COPD and Asthma

David A. Kaufman, M.D.

*Chief, Section of Pulmonary,
Critical Care and Sleep Medicine
Bridgeport Hospital
Assistant Clinical Professor
Yale University*

“Sepsis”

- Recognize the different stages of sepsis and make appropriate triage
- Understand the importance of early goal directed therapy
- Identify the likely sources of infection and make appropriate antimicrobial selections

Rheumatology

Bertha Bauer, M.D.

*Assistant Professor of Clinical Medicine
Columbia University College of
Physicians & Surgeons*

“Fibromyalgia”

- To enhance the understanding of a poorly defined rheumatologic illness-fibromyalgia
- To review possible mechanisms of disease
- To review current pharmacologic treatments as well as non-medicinal modalities of treatment

Keith B. Elkon, M.D.

*Mannik-Henderson Professor of Medicine
Head, Division of Rheumatology
University of Washington*

“Autoimmune Diseases Update”

- To explain to providers how antibodies can induce inflammation in systemic autoimmune disorders
- To explain new ideas on cytokines in arthritis and multiple sclerosis
- To discuss the classes of biologics in current use and in current clinical trials

Surgery

Petar Vukasin, M.D.

*Assistant Professor of Clinical Surgery
Keck School of Medicine of USC*

“Condylomas and other Peri-Rectal Problems”

- To understand the etiology, significance, and clinical implications of anal condyloma
- To recognize the variety of treatment modalities and strategies for anal condyloma, and to apply them to varying clinical situations
- Gain an appreciation for the influence of HIV status on HPV infection
- Develop a treatment algorithm for management of anal dysplasia in HIV patients

Urology

Barton H. Wachs, M.D.

*Clinical Instructor, Urology
Harbor-UCLA School of Medicine
Clinical Instructor, Urology
Long Beach Memorial
Associate Professor of Urology
Western University*

“Tricks of the Trade: A Urologist Perspective”

- Overactive bladder, who needs treatment?
- Prostate cancer, should we screen?
- Benign prostate enlargement, in-office evaluation
- Kidney stone treatment and prevention
- Sexual and erectile dysfunction-treatment modalities, in-office evaluation
- UTI - who needs treatment

Wellness: Preventive, Alternative and Complementary Medicine

Fred Leavitt, Ph.D.

*Professor of Psychology
Cal State University, East Bay*

“Wellness Strategies for Physicians”

- Some participants may not always follow the advice that they give to patients. One objective is to encourage them to do so.
- Participants will learn the value of directed thinking.
- They will learn about the critical role that the prefrontal cortex and the amygdala play in emotionality; and strategies for modifying the activity of those structures to increase their sense of well-being.
- They will learn strategies for deriving maximum benefits from napping.
- They will learn how to increase their self-control.
- They will learn about the benefits of writing about their deepest emotions and thoughts concerning the most upsetting experience in their lives.
- They will learn how to create healing environments, both for themselves and for their patients.

Adam Perlman, M.D., MPH, FACP

*Chairperson, Department of Primary Care
Hunterdon Endowed Professor of
Complementary and Alternative Medicine
Executive Director, Institute for
Complementary & Alternative Medicine
UMDNJ- School of Health*

“Integrative Medicine: Beyond Alternative and Complementary”

- Understand 5 of the complementary and alternative medicine within the US Healthcare system
- Explore increasing rules of complementary and alternative medicine with the US healthcare system
- Understand the growing evidence that is allowing healthcare professionals to make evidence based decisions regarding the utilization of complementary and alternative medicine